

## CONTRAINDICATION

- The use of isotretinoin (accutain) in the past 12 months
- The use of Retin-A antibiotics (cease using 1 week prior)
- The use of benzoyl peroxide (cease using 3-4 days prior)
- Herpes simplex or active infection
- Pregnancy
- Breast-feeding
- Couperous or Rosacea
- Waxed (cease waxing 2 weeks prior)
- Shave areas in the last 48 hours

## CLIENT INSTRUCTIONS

### **For the first 24 hours post treatment:**

- Avoid wearing make-up (with the exception of mineral make-up or a tinted sunblock with an SPF 30)
- Avoid direct sun exposure
- Keep the skin cool
- Use cool or luke-warm water when rinsing the skin
- No hot showers
- No excessive exercising or sweating
- No electrolysis
- No Botox injections or fillers
- Avoid AHA & BHA home-care products

### **For the next week or until the full series is completed**

- Discontinue using Retin-A or Renova
- No facial waxing
- Avoid direct sun exposure

## MAINTENANCE

- Keep the skin clean and moisturized
- Avoid direct sun exposure and too much heat
- Use a sun black of SPF 30

If you miss, cancel or change your appointment with less than 24 hours notice, you will be charged \$50 for the first appt, \$75 thereafter \_\_\_\_\_ (initial)

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